



Alpen Yogurt Parfaits

yields 6-8 parfaits

INGREDIENTS

- 1 large container of greek yogurt (32 oz.)
- 1-2 cups of your favorite fruit
- 2 cups of **Alpen Muesli** (Classic, No Sugar Added, or Chocolate)
- Honey

STEPS

1. Layer yogurt, **Alpen**, and berries into individual cups or a large trifle bowl, creating as many layers as desired.
2. To finish, sprinkle **Alpen** on top and drizzle with honey.
3. Refrigerate or serve immediately.

Alpen